

Fit India Movement: IIT Bhubaneswar Conducts Mini-Marathon And Walkathon Inside Campus



Bhubaneswar: IIT Bhubaneswar conducted a Mini-Marathon and a Walkathon as part of the Fit India Freedom Run program on Saturday.

The Freedom Run is a new initiative under the aegis of the Fit India Movement and is conceived with a vision to keep ourselves fit while maintaining social distancing.

According to a release from the institute, the event was inaugurated and flagged off by Prof. RV Raja Kumar, Director, IIT Bhubaneswar.

"Physical and mental fitness and wellbeing is very essential for every citizen for leading a quality life. In times of Covid-19, fitness has become an even more important aspect of life. IIT Bhubaneswar as an Institution of National Importance believes in creating an environment for its members to pursue fitness and wellbeing by giving importance to sports and practice of Yoga," Prof. Raja Kumar said.

The Director urged the students, faculty and staff members to incorporate exercise and physical activities in their daily routine from now on.

The event was also attended by Col (Dr) Subodh Kumar, Registrar and was coordinated by EAA Coordinators Dr Srikant Gollapudi and Dr Bankim Chandra Mandal.

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